

Here  
are some  
things  
that we  
need  
please:



## Baby and Child

Aptamil formula  
Branded nappies from  
size 3 onwards  
e.g. Pampers  
Jars of baby food with  
long shelf life  
Nappy sacks  
Wipes - sensitive or  
water based

## Drinks

Cans of fizzy drinks  
Coffee  
Fruit juice:  
individual cartons and  
large cartons of  
long-life juice  
Instant hot chocolate  
Long-life milk  
Small bottles of water  
Squash  
Tea

## Groceries

Baked beans  
BBQ sauce  
Biscuits  
Breakfast cereals/  
porridge pots  
Brown sauce  
Cereal bars  
Chocolate spread  
Chutney/pickle  
Cooking oil (not olive)  
Cup a Soups  
Dried herbs, (chilli,  
oregano, thyme,  
parsley, mint)  
Individual bags of crisps  
Individual chocolate  
bars/biscuits  
Jam  
Ketchup  
Marmite  
Mayonnaise

Mug shots  
Pasta  
Pasta sauces  
Peanut butter (smooth)  
Pot noodles/  
super noodles/  
pasta pots  
Salad cream  
Salt and pepper  
Stock cubes  
Sugar  
Supermarket vouchers  
Tinned tomatoes  
Tinned tuna

## Household

Air freshener  
Antibacterial  
multi-purpose cleaner  
Dishwasher tablets  
Kitchen foil/cling film  
Kitchen rolls  
Scourers/cloths

Washing powder  
Washing up liquid  
Wooden disposable  
cutlery

## Toiletries

Brushes  
Combs  
Conditioner  
Moisturiser  
Paper towels  
Pump soaps  
Sanitary towels  
Shampoo  
Shaving gel/foam  
Shower gel/body wash  
Spray deodorant (male  
and female)  
Sun cream (30+)  
Toilet rolls  
Toothbrushes  
Toothpaste  
Women's razors

For further details:

 **visit** [newhope.org.uk/harvest](http://newhope.org.uk/harvest)

 **contact** Frazer at [fansell@newhope.org.uk](mailto:fansell@newhope.org.uk)

 **or call** 01923 227 132

You can also donate money online to our **Fresh Food Fund**  
[newhope.org.uk/freshfoodfund](http://newhope.org.uk/freshfoodfund)